

**COUNCIL ON AGING BOARD**  
**REGULAR SESSION MEETING MINUTES**  
**Veteran's Memorial Building, Rm 19**  
**2900 Main Street, Millis, MA 02054**  
**MEETING NOTES FROM FEBRUARY 9, 2018**

CALL TO ORDER: Helen called meeting to order at 9:07

The following persons were present:, COA Director Patty Kayo, Secretary Helen Daly, Lisette Walter, Chris McCaffrey, Bill Brown, Brooks Corl

Motion to accept the Secretary's Report as presented – made by Chris – second Bill  
Treasurer's Report

- Gift account figures to be updated for the next meeting
- Postage showing a deficit – will be covered from the Formula Grant as soon as received
- Vans incurred expenses for repairs - #1 van sent to Mobility Works for repair of noises in the cabin – approx. \$800.00 – monies were taken from Transportation Revolving account

Motion to accept Treasurer's Report by Chris – second by Bill

HESSCO

- No HESSCO report as Maria is not in attendance

Outreach Report:

- No Report as Carol is not in attendance

Director's Report

- Baypath Elder Services is offering to run an 8 week workshop – topic “A Matter of Balance” to be held in April in the Supportive Day room, 11-1pm – no cost to participants – date to be announced
- Mass Commission of the Blind will offer a class on May 18<sup>th</sup> for visually impaired – they will bring along adaptive equipment
- Alzheimer Association would like to offer “Legal & Financial Information” to those with relatives of Alzheimer's patients in May – Patty will advise dates.
- The Friends have purchased 8 sets of chairs to be used in the gym by the Enhanced Fitness Program which will start a new session on 2/26.

Old Business

- Tasty Tuesdays – as the attendance was dropping off – Maureen called everyone that had participated one or more times to invite them to come back – Patty also posted a menu. As a result all tables were filled and everyone is enjoying the varying menus being offered – special favorite is the pizza from Isabella's.  
We will continue into February and March – dependent on the turn out. Brooks has offered to bring a stew to share for those on gluten free diets which he can do as long as it is not advertised as part of the meal. Patty will decide on continuation dependent on the March turnout.
- Enhanced Fitness starts for the 4<sup>th</sup> session on 2/26 for another 16 weeks – attendance holding steady at about 23.
- Valentine's Day breakfast to be held at 9:30 on the 14<sup>th</sup>. Bill and Patty will cook sausages, scrambled eggs, hash browns and French toast with maple syrup. Brooks has offered to bring lactose free butter and bread for those on a lactose free diet. Patty asking for help with clean-up.
- St Patrick's Day – Patty still has not heard from the Cultural Council re: entertainment – she will check again with them. It will be held 3/14 at 11:30 with (hopefully) entertainment after. Patty needs help serving on this day. Bill will speak to the Bingo group.
- Jim McCaffrey has volunteered to help as well as Helen and Bob Daly.

## New Business

- Bill Brown has suggested that we have a Memorial Service for all seniors that have passed away in 2017. Service to held at the United Church of Christ on Exchange St. Date to be announced.
- New Van – Fin Com feels that we do not need a new van as this van currently has only 42,000 miles although it is 11 years old. Patty is looking at downsizing to a smaller (Toyota or Ford) vehicle which is less costly (\$38,000) and more economical. Patty has had conversations with Mike – as we currently have approx. \$16,000 in donations for a new van and the Friends have additional funds that they can donate to the cost as well as the trade-in value of the current van. There are also monies in the Transportation Revolving Fund that we could use to help defray the cost. Friends will discuss funding at their next meeting.
- Discussion was brought up about the new Senior Housing at Glen Ellen and what impact that will have on the Center. This needs to be brought to the attention of the Selectmen and the Fin Com now.
- Question again about the feasibility of the Temple for Senior use? Patty will check the Assessor's office to see what the usable square footage is – is it big enough for our use?
- BOS meeting to be held Saturday, Feb. 10<sup>th</sup>. Patty will present her budget requests at 9:15 time slot – she is allowed only a short time to present – approx. 10 minutes. She will show the increase in seniors from 1985 (700) to 2017 (2021) as well as how the hours of the center have been stagnant:
  1. 1986 we were opened from 9-12PM
  2. 1999 from 8:30 to 1PM
  3. 2004 from 8:30 to 2PM
  4. Also in 1995 we added a Dept. Assistant which has been our only increase in staff.

Meeting adjourned at 10:16 am

**Next COA Board Meeting: March 8, 2018  
at 9:00 AM – VMB Room 19**